



Dunnottar Nursery

Intimate Care Policy

Policy Statement

We understand that children attending our nursery may be at the stage of mastering toileting or that they have specific care needs relating to intimate care. It is our intention to ensure that we promote independence and self-care skills as appropriate to the age, physical capability and understanding of each child.

Health and Social Care Standards My support, My life 2017, Scottish Government.
As part of being registered with the Care Inspectorate, we must comply with this document and illustrate the standards within our nursery.

1.0 I experience high quality care and support that is right for me.

1.4 If I require intimate personal care, this is carried out in a dignified way, with my privacy and personal preferences respected.

4.11 I experience high quality care and support based on relevant evidence, guidance and best practice.

5.4 If I require intimate personal care, there is a suitable area for this, including a sink if needed.

Aims

We want all our children to feel secure and relaxed while receiving the highest standards of care. We understand that for a child to feel comfortable in receiving intimate care and for the family to have confidence in staff to provide this service that we must be sensitive in our approach. Sharing information about our procedures and working in partnerships with families to enable us to provide intimate care in a way that best suits the needs of the child.

The United Nations Convention on the Rights of the Child (UNCRC) (1989):

Article 16: (Right to privacy) Children have the right ...to privacy

Article 19: (Protection from violence, abuse and neglect) Children have the right ... to be protected from being hurt and mistreated, in body or mind.

Article 23: (Children with a disability) Children have the right ... to special education and care if you have a disability, as well as all the rights in this Convention, so that you can live a full life.

Article 34: (Sexual exploitation) Children have the right... to be free from sexual abuse

Procedure

Personal Plans

As part of our induction and settling in procedures the key worker for your child or Early Years Lead Practitioner will complete a Personal Plan for your child. As part of this personal plan, we will discuss with the parent/carer any care, health or wellbeing concerns/issues that we need to know about to support the child while in nursery. It is during this conversation that we would be discussing with the parent what we can do to support any intimate care needs, and this would be recorded and shared with relevant staff. This enable all staff who are working with the child to know how to undertake any specific care needs that are particular for that child. The content of any personal plans will be reviewed on a regular basis and in consultation with the family.

Toileting/Changing a child

To ensure that high standards of care, infection control, respect and privacy for the child the following procedures will be followed.

- 1.The staff member who is involved in the process of toileting/changing a child will inform another member of staff of this intention with consideration to the privacy and dignity of the child involved.
- 2.If a toileting accident results in a spill within the nursery, another adult will be asked to assist with the spill. Please see Infection Control Policy.
- 3.The child will be taken with their bag into the toilet area (using the farthest away cubicle for privacy if possible) The needs of the child will be considered, and a professional judgement made if the child should be changed on the mat or standing on the ground.
- 4.Adult to wash hands and put on Personal Protective Equipment (PPE) e.g. disposable white apron and gloves. All Staff will wear IIR medical grade face masks when undertaking intimate care and eye protection can be worn if there is a risk of splashing.
- 5.Adult to get organised by getting what is needed to change the child so that it is accessible e.g. nappy/pull-up, nappy bags & disposable wipes.
- 6.Remove soiled nappy/pull up, double bagging it, and place in nappy bin. Gently clean the child using disposable wipes, double bagging and placing in nappy bag. Put on clean nappy/pull-up and dress the child.
- 7.Remove all disposable PPE, double bagging and disposed of it in the nappy bin.

8. Adult and child to wash their hands, adult supervising this. Child to return to nursery room.

9. Put on clean disposable gloves and apron. Dispose of solid waste matter down the toilet. Any wet/soiled clothes/shoes will be double bagged and placed in the storage container with a label to identify who it belongs to.

10. Clean area following the *Cleaning overview to support cleaning schedule* document.

11. Adult to remove disposable PPE, double bagged and disposed of in the nappy bin.

12. Adult to wash hands.

13. A staff member will ensure that the parent/carer is discreetly informed of the accident. Staff member will put the double bagged soiled clothing into the child's bag before collection time.

Training

The correct order for putting on, taking off and disposal of PPE (Added 24 April) Providers can refer to this **NHS Scotland video guide** for guidance on the correct order of putting on, taking off and disposal of PPE. (Accessed from Care Inspectorate website)

<https://vimeo.com/393951705>

HH 103 Covid Guard training video – dilution rates and how to use the product. Product to be sprayed directly on to large surfaces, product to be sprayed on to a clean cloth for smaller surfaces/high frequency touch points.

REHIS Infection Control

Policy Review

This policy will be reviewed regularly and in response to accident, incident or change in National or Local policy or guidance.

Date of Issue: December 2020

Date of Review: December 2021

Policy Author: Caroline Duncan (DHT)

References

Health Protection Scotland (NHS),2018, "Infection Prevention and Control in Childcare Settings (Daycare and Childminder Settings)"

Care Inspectorate, 2018, "Nappy changing facilities for early learning and childcare services: information to support improvement."

Care Inspectorate, 2014, "Hand Hygiene: Information to Support Improvement"

Scottish Government, 2017, "Supporting children and young people with healthcare needs in schools" <https://www.gov.scot/binaries/content/documents/govscot/publications/consultation-paper/2017/01/supporting-children-young-people-healthcare-needs-schools-draft-guidance-nhs/documents/00513141-pdf/00513141-pdf/govscot%3Adocument>

Aberdeenshire Council, 2017, "Intimate Personal Care Draft guidance for schools, parents, children and young people" <http://asn-aberdeenshire.org/wp-content/uploads/2017/08/Intimate-Personal-Care-vs-1.9-Sept-2017.pdf>

The Social Care and Social Work Improvement Scotland (Requirements for Care Services) Regulations 2011, 2011 No. 210 SOCIAL CARE

Aberdeenshire Council, *Risk Assessment for Early Learning and Childcare Recovery*, August 2020 (Specific Controls: Use of PPE)

Core COVID-19 Information and Guidance for General (Non-Healthcare) Settings, Version 4.61, 21st August 2020

Cleaners infection control procedures (V1.1 21.04.20) Aberdeenshire Council