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| **Literacy** | **Numeracy** | **Health and Wellbeing** | **Learning Across the Curriculum** |
| Read stories together.   * Make predictions as you read * Look for clues in pictures * Discuss what has happened so far * Draw a picture of your favourite part of the story and write what happened. * Draw what happened at the beginning, middle and end of the story and describe it in your own words. | Count different objects, items and toys you find around the house.  How many would you have if you took some of them away? How many would you have if you had a few more?  Make groups of objects, items or toys. Which group has more? | Take time to be active each day. Try to come up with different creative ways to move your body or to travel around the house. Can you skip, jump, hop or gallop?  Can you think of different types of exercises you could try? Get some ideas here: <https://youtu.be/mhHY8mOQ5eo>  Or try Cosmic Yoga.  <https://www.cosmickids.com/> | Create a picture or video about your family. Who are the people in your family, how are they related to you? Tell a little bit about them. |
| Visit <https://www.storylineonline.net/>  to stream videos featuring actors reading children’s books  Sign up to Epic at <https://www.getepic.com/> for more interactive reading books online. | Practise counting forward and backwards to 15.  Can you count forward and backwards to 20?    Practise counting as high as you can.  Count in multiples of 2.  Practise counting forward and backward from a given number. | When having meals and snacks or when unpacking groceries discuss the different foods. What types of foods are they according to the eatwell plate?  Are they Fruit and Vegetables; Bread, rice, potatoes, pasta and other starches; Meat, fish, eggs and beans and other proteins; Milk and dairy; Sugar and fat  <https://www.foodafactoflife.org.uk/5-7-years/healthy-eating/interactive-resources/> Discuss which foods you need to eat the most and which you need to eat the least and why. | If you have a garden or outdoor space you could search for different wildlife. What types of insects and animals did you find? If you couldn’t find any do some research about the types of animals and insects that live in Scotland. Draw pictures of what you found and where they live.  Could you make a place for them to live? |
| Play the game eye spy with my little eye.  Make your name using different materials like playdough or by writing it in sand, shaving foam or using paint.  Practise writing your name. Use different pens and pencils of various colours. Draw pictures of other things that start with the same letter as your name | Practise writing the numbers 0-9. Can you make them using different materials?  Write out numbers up to 10. Can you represent them with drawings? Can you write the word that matches the number | Think of ways to relax and be mindful. Try some mindful colouring activities, make playdough to squeeze, or do some breathing exercises. | Find out about the 5 senses (sight, hearing, taste, smell, and touch). Draw pictures of the different body parts that match each sense. Can you give examples of things you can see, hear, taste, smell and touch? Draw some things for each. |
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| Practise reading colour names and match to things that colour in your home environment. | Use real money and look at the coins. You could do coin rubbings and write down the value of each coin.  Practice counting with 1p coins. Practice making amounts with 1p coins. | Draw a picture to show how you are feeling? Can your family guess your feelings from your picture? | You could use your imagination to a model. You could use lego, construction kits, junk or any materials that you can find. |
| Listen to Nursery Rhymes. How many can you recite?  Can you make up some silly sentences of your own that rhyme?  Can you make up some rhymes of your own? | Practise the days of the week. Find some songs online to help you remember. Can you sing them to your class when you come back to school?  Can you say what day comes after Tuesday? What day is it tomorrow? | Create a dance for your favourite song and teach it to your family. |  |
| Can you practise some fine motor skills activities at home?  <https://highlandliteracy.files.wordpress.com/2016/12/fine-motor-skills.pdf> | Can you name the seasons? Can you tell an adult or older sibling what happens in the different seasons? | Complete some of the Life skills Activities at the start of the year. |  |
| Can you practise your scissor skills at home if you have a pair of scissors? Can cut out different shapes using scissors? | Look for different 2D shapes in your environment. Can you name them? Can you take photos of them or draw them? How many sides and corners do they have?  Investigate which shapes build, roll and slide. |  |  |
| Can you have fun with some messy play activities at home?  <https://highlandliteracy.files.wordpress.com/2016/12/messy-play.pdf> |  |  |  |
| Other helpful links:   * <https://education.gov.scot/improvement/scotland-learns/> Here you will find a range of ideas and suggestions of activities from the Scottish Government and Education Scotland to help you support learning at home. They are arranged into Literacy and English, Mathematics and Numeracy, Health and Wellbeing, as well as Themed learning activities. The activities are aimed at a variety of ages. The year groups next to the activities are a general guide only. * <https://www.twinkl.co.uk/blog/practical-maths-activities-to-try-at-home#:~:text=Practical%20Maths%20Activities%20to%20Try%20at%20Home%201,Garden.%20...%208%20Out%20for%20a%20Walk.%20> There are lots of practical Maths activities you could try at this link. | | | |