



Dunnottar Nursery

Oral Health Policy

Children have the right to good quality health care – the best health care possible – to safe drinking water, nutritious food, a clean and safe environment, and information to help them stay healthy. Rich countries should help poorer countries achieve this. (United Nations Conventions on the Rights of the Child - Article 24)

The Nursery promotes high levels of oral care and education linked to the importance of making good choices about what we should be eating/drinking.

The following policy has been written based on the current guidance published by NHS, *Setting the table - Nutritional Guidance And Food Standards For Early Years Childcare Providers In Scotland*, 2014; NHS Health Scotland, *National Standards for Nursery and School Toothbrushing Programmes*, May 2015.

- As part of the induction process the parent/carer will be given information on the Toothbrushing scheme. Children will be automatically enrolled for daily toothbrushing in nursery unless parents state otherwise.
- Toothbrushes are replaced once a term, or sooner if required (for example, when the bristles become splayed)
- Toothbrushes are individually identifiable for each child.
- Toothbrushes are stored in appropriate storage systems or individual ventilated holders.
- Storage systems which do not have covers are stored within a designated trolley or in a clean, dry cupboard.
- Storage systems, trolleys and storage areas are cleaned, rinsed and dried at least once a week (more if soiled) using warm water and detergent.
- Staff will follow the toothbrushing guidelines set out by Childsmile.
- Childsmile information will be available to staff and will be kept in the toothbrush storage container and be accessible at all times.
- Food/drink choices offered during snack will follow the guidelines set out by *Setting the Table*.

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