

Dunnottar
January 2016

Happy New Year to All!

Working together with the Head Teacher and school staff, the pupils have had the opportunity to partake in a few physical activities in Terms 1 & 2 of this school year.

Curling

Once again the opportunity to be involved in curling was given to the P6s. The Mackie cluster of primary schools have now had this opportunity over the past 6 years and I think we are all in agreement when we say a big thank you to CurlAberdeen, who not only allow use of the indoor equipment for practice within school time, but also pay the transport costs to the session at the curling rink. Curling is not a sport that many of the children have tried before and all seem to really enjoy the experience, certainly on the ice! CurlAberdeen have regularly junior lessons, if interested please contact them directly.



Swimming P5

P5 received swimming lessons at Stonehaven Leisure Centre for 5 weeks. This is the first time Active Schools have been offered the use of the Leisure Centre pool so we are grateful, and from feedback from both pupils and class teachers, the sessions were enjoyed especially the week of synchronised swimming! Again a great opportunity for the pupils. It will be P4s turn in Term 3.

PlayLeaders

P6s have been receiving the playleaders programme delivered by Miss Duncan and soon will be tested with an aim to passing and receiving their certificates. This initiative involves learning the leadership skills of communication, organisation, preparation, delivery, health & safety and allows the P6s to use their skills in the delivery of playground games to P1-3s.

P3/6 Volleyball After School (Mon & Tues)

P4/7 Netball (Thurs Evenings)

P4/7 Cross Country

The above clubs restarted this school year and are ongoing. All run by volunteers to whom I am greatly appreciative. All the clubs have good numbers of school pupils attending. If further information on any of these clubs is required please contact myself or the school.

Coming up for Term 3

Swimming P4

Already started, again this will be in school time and at Stonehaven Leisure Centre.

Firstclubgolf

Later this term, Sports Leaders from Mackie Academy will be out at the school to instruct P5 in the firstclubgolf initiative, involving the learning of various golf shots with well weighted plastic golf clubs. This session is an introduction to the sport of golf and following this practise, the P5s will be offered the chance to continue with coaching from instructors at Stonehaven Golf Club.

Badminton Sportshall Challenge

P3/4 will be given the opportunity to practise the skills of the challenge in preparation for selection for the Dunnottar Team for the school cluster event scheduled for late March. Also, for extra practise, there are free sessions on offer to P3/4 at Mackie Academy Sat mornings 11-1pm throughout this term – if interest please contact myself. Photos from last years event.



Hockey

Also proposed for this term, is Hockey tuition for the P7s. This will be given by a coach from Aberdeenshire South Hockey Club – more info to come through the school.

Over and above all that is offered through Active Schools, the school is also moving forward with the opportunity of more physical activities being offered in curricular time.

If there are any parents who are interested in setting up/assisting an out of school sports/physical activity club, please contact myself and I would be please to give information on sports specific training courses.

If further information on the Active Schools programme is required, please contact me on 07851287035 or email doreen.seery@aberdeenshire.gov.uk

Doreen Seery
Active Schools Coordinator

